

# Journal Prompts

Inspired by Philippians 4:8

Write about something that feels true, honest or wholesome.

Write about something that feels noble.

Write about something that feels righteous, just or correct.

Write about something that feels pure.

Write about something that feels lovely.

Write about something that feels admirable.

Write about something that feels excellent.

Write about something that feels praiseworthy.

Write about a personality trait you saw in someone you admire.

How could you put it into practice in your own life?

How has God's peace visited you since you started answering these journal prompts?